

# EVERY SCHOOL DAY COUNTS

From the desk of the NCDSB Attendance Counsellor



Dear Parents and Guardians,

Take advantage of fun school events and activities this Spring. Attending school on a regular basis helps students feel more connected to their community and develop strong social skills and friendships.

Benefits of regular school attendance include:



- Stay on track for graduation
- Improved time management skills
- Improved reading, writing and math skills
- Develop and practice social skills
- Overall well-being

Every school day provides an opportunity to learn and grow.

Sincerely,

*A Levesque*

Amber Levesque  
Attendance & Re-Engagement Counsellor



## May Mental Health Speaker Series

NCDSB is inviting you to join a virtual sessions on various mental health topics throughout the month over lunch hour.

Scan the QR to register



“You have to make every day count toward your dream.” — Connor McDavid





# SPRING INTO SCHOOL

**Be Curious** - Take interest in your child's learning experiences by asking open ended questions. Ex: What games did you play at recess? Tell me something new you learned today. What made you feel happiest today?

**Be Involved** - Make a difference in your school community by volunteering or participating in parent council. Participate/attend special events planned by your child's school. Post a copy of your child's monthly school calendar on your fridge, so your child can keep track and be prepared for upcoming events.

**Be Engaged** - Learn who your child's friends are and create opportunities for your child to socialize with their friends outside of school hours. Stay connected to school friends over the summer by planning trips to the park, bike rides, play dates, beach days, etc.

**Be Committed** - Be a life long learner! Try new experiences with your child to help them become excited about learning. Ex: new recipes, new sports/activities, practice skills that are difficult. Remember, making mistakes helps our brain grow!



“If you can't fly then run, if you can't run then walk, if you can't walk then crawl, but whatever you do you have to keep moving forward.” — Martin Luther King Jr