

# P.R.I.D.E. BASKETBALL COMPETITIVE DIVISION

**August 4 - 8 Ages 13-18 Location: O’Gorman High School**

P.R.I.D.E. Basketball will once again be offering a competitive division this year that will challenge athletes and provide them with a level of coaching to enhance their confidence to play at any level. Players will be given the opportunity to interact with two of the finest University Head Coaches in the country.

- Players will be challenged to enhance all aspects of their game including individual, team strategies and mental readiness.
- Each player will visit the shooting lab and have their shot video analyzed and reviewed with them individually.
- P.R.I.D.E. Basketball has been providing athletes with the opportunity to enhance their skills for over 17 years and this year we have made it even better.

## Typical Day at Camp

8:30 - 9:00 Drop Off & Warm-up  
 9:00 - 11:30 Session with Coach Belanger  
 11:30 - 12:30 Lunch  
 12:30 - 2:45 Team Sessions  
 2:45 - 3:45 Games and Competitions  
 4:00 Pick-up

Night Sessions may be included

### Video Analysis

Each player will receive an individual analysis with the shooting coach during the week

**Camp is Limited to  
25 Boys and 25 Girls**



Featuring

**James Derouin and Andy Sparks  
Men’s and Women’s Coaches  
Ottawa University**

James has been the head coach for the past 4 years. Last year his team captured the program’s first ever medal at the CIS Championship winning the bronze medal. His men’s team is presently ranked 2nd in the country. Andy is in his 5th year as the women’s head coach. In 2011-12 his team captured their 2 ever OUA title and placed 3rd at the National Championship.

P.R.I.D.E. Basketball would like to thank the following sponsors..



Carole’s Variety



## Registration Form

Name \_\_\_\_\_ D.O.B. \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

Postal Code \_\_\_\_\_ Phone # \_\_\_\_\_

Parent Name \_\_\_\_\_ Cell/Work Phone # \_\_\_\_\_

School Name \_\_\_\_\_

Jersey Size (adult sizes) S M L XL

### Mail or Deliver to:

**O’Gorman Intermediate School  
490 MacLean Drive, Timmins, ON, P4N 4W6  
Camp Costs \$225 Before May 15th**