

Monday	Tuesday	Wednesday	Thursday	Friday
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**OCTOBER 2010 - HOT LUNCH** In case of absence, meals must be cancelled by 10:00 A.M. by calling Shelly Lamarche @ 272-2529

4 ½ Panzarotti Carrots & Dip Banana Muffin <input type="checkbox"/> Larger Portion Milk( ) Juice ( )	5 Mac & Chesse with Potato Wedges & Veggies Strawberries & Cream <input type="checkbox"/> Larger Portion Milk( ) Juice ( )	6 Small Poutine Chocolate Pudding Parfait <input type="checkbox"/> Larger Portion Milk( ) Juice ( )	7 French Toast Sticks with Syrup & Bacon Orange Wedges <input type="checkbox"/> Larger Portion Milk( ) Juice ( )	8 Pepperoni Pizza Brownie Vanilla Ice Cream <input type="checkbox"/> Larger Portion Milk( ) Juice ( )
11 <b>NO SCHOOL            THANKSGIVING</b>	12 Hot Dog & Caesar Salad Oatmeal Pumpkin Raisin Loaf <input type="checkbox"/> Larger Portion Milk( ) Juice ( )	13 Turkey & Cheese Sandwich Yogurt & Fruit Parfait <input type="checkbox"/> Larger Portion Milk( ) Juice ( )	14 Penne Pasta & Sauce with Garlic Bread Jello <input type="checkbox"/> Larger Portion Milk( ) Juice ( )	15 Garlic Pizza Fingers with Dipping Sauce Carrots and Dip Carnival Cookie <input type="checkbox"/> Larger Portion Milk( ) Juice ( )
18 Grilled Cheese Fruit Salad Rice Krispie Square <input type="checkbox"/> Larger Portion Milk( ) Juice ( )	19 Mashed Potatoes & Chicken Nuggets plus Veggies Summer Fruit Muffin <input type="checkbox"/> Larger Portion Milk( ) Juice ( )	20 Cheeseburger Cucumber Slices Chocolate Chip Cookies <input type="checkbox"/> Larger Portion Milk( ) Juice ( )	21 Stir Fry with Rice Caramel Muffin Fortune Cookie <input type="checkbox"/> Larger Portion Milk( ) Juice ( )	22 Perogies Mixed Veggies & Dip Jello <input type="checkbox"/> Larger Portion Milk( ) Juice ( )
25 Chicken Noodle Soup Garlic Bread Apples & Caramel <input type="checkbox"/> Larger Portion Milk( ) Juice( )	26 Pepperoni Pizza Brownie Vanilla Ice Cream <input type="checkbox"/> Larger Portion Milk( ) Juice ( )	27 Caesar Salad Wrap Tropical Fruit Salad Chocolate Chip Cookie <input type="checkbox"/> Larger Portion Milk( ) Juice ( )	28 Pasta & Meatballs Garlic Stick Carrots & Dip <input type="checkbox"/> Larger Portion Milk( ) Juice ( )	29 Small Poutine Grapes & Yogurt Chocolate Chip Cookie <input type="checkbox"/> Larger Portion Milk( ) Juice ( )

Student Name: \_\_\_\_\_

Please Note: - \$4.50/Daily - Regular Portion Due Wed. Sept. 29, 2010

Grade/Teacher: \_\_\_\_\_

-\$5.50/Daily - Larger Portion **\*\*Please Note: \*\***

Total Amount Included: \_\_\_\_\_ ( ) Cash ( )

**Cheque - payable to (Compass Group)**

beverage

Simply circle the date and choose  
 M-Choc/White Juice A- Apple or F-

**Fruit**