



OCTOBER IS LEARNING DISABILITIES  
AWARENESS MONTH

## **EMOTIONS AND THEIR IMPACT ON LEARNING**

FREE COMMUNITY WORKSHOP  
LED BY ANGIE DEMARCO

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**OCTOBER 23, 2017**

**7:00 P.M.**

ROLAND MICHENER SECONDARY SCHOOL, ROOM 101  
155 LEGION DRIVE, SOUTH PORCUPINE



FOR MORE INFORMATION CONTACT: GALE WISEMAN @ 705-269-0094



## **ABOUT THE WORKSHOP**

This experiential workshop validates the correlation between a student's ability to self-regulate, (and learn in a classroom) and their ability to tolerate anxiety and negative emotions. A variety of user-friendly skills will be shared throughout the session, as well as new research that summarized how the learning brain develops based on its experiences and environment. Through the exploration of new techniques, this practicum is intended to build on the abilities of students, parents and educators, supporting their capacity to correct or redirect disruptive moods and/or impulses, at home and at school.

## **ABOUT ANGIE DEMARCO**

Angie DeMarco develops and delivers experiential workshops for the Learning Disabilities Association of Sudbury. Her diverse background includes: leading recreation programs for adults with developmental challenges, 13 years of working/learning as a front line worker with the Canadian Mental Health Association and while her children were young, establishing Sudbury's first party supply business titled Balloons Uplimited.

Angie's strongest skill sets were mentored to her by her four playful, curious and creative children, three of whom share her identification of "learning disability". Now as independent adults, with full time work in meaningful professions, it is her children's abilities that inspire her to speak out in schools, workplaces and at multiple provincial and national conferences, ensuring that educators, parents and most importantly students, know what the research supports. Namely, that persons with learning disabilities and their amazing uniquely organized brains, are to be valued and nurtured. Angie's engaging workshops give all attendees the opportunity to experience this awareness in a spirited environment.

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