



# Home of the **PANTHERS!**

## Great Big **Crunch** 2016



This morning, students and staff at Sacred Heart School participated in the local big crunch. This special day featured locally grown carrots, with a countdown 'crunch' to celebrate local healthy food in school. A big thank you to the Canadian Red Cross for providing the school with the carrots for our healthy snack.

**1-2-3, lets get ready to crunch!**

