## Update on our Hot Lunch Program

Our hot lunch program is still struggling. We need students to place orders or we will lose this very important service for our children. Children may order salads, veggie plates, milk, and juice everyday. From now on there will be **NO** orders taken on Snow Days. Please pro-

vide your child with a lunch on these days. If you have any suggestions on how to help this situation, please address them to Mrs. Bergeron. Mrs. Lynn Sanford is our head chef as Mrs. Melissa Ward has taken a new job. We wish Mrs. Ward every success with her new endeavour and thank her for her many years of service to our school!



## Shrove Tuesday, Lent and Ash Wednesday

Shrove Tuesday always falls 47 days before Easter Sunday. The name Shrove comes from the old word "shrive" which means to confess. On Shrove Tuesday, in the Middle ages, people used to confess their sins so that they were forgiven before the season of Lent began. Lent is the penitential period of 40 days from Ash Wednesday to Easter. Traditional Christians observances of Lent include fasting and penitence, both in preparation for Easter and as a way of spiritually "joining" Jesus with the fasting and meditation he did in the wilderness. It was traditional in ancient times for people engaged in special times of fasting, prayer or repentance to rub ashes on their foreheads as an outward symbol of what they were experiencing internally. Let's all celebrate this important time together.

Please join your child on Ash Wednesday, February 22 at 9:00 a.m. at St. Patrick Church for our Ash Wednesday celebration.

## News from St. Patrick Church

St. Patrick Parish is selling 50/50 draw tickets for \$20.00 each, for a chance to win up to \$20,000. If you would like to purchase a ticket, please call Mrs. Bergeron or send the money with a note to your child's teacher. Let's help our Parish!