Holy Family School Newsletter

Happy New Year!!

January 2013

MASSES & CELEBRATIONS

January 6
Sunday Mass
9:00 am at Holy Trinity Church
January 9
Mass in Honour of the Holy Family
9:30 am at Holy Trinity Church
January 13
Sunday Mass

9:00 am at Holy Trinity Church

<u>January 20</u> Sunday Mass

9:00 am at Holy Trinity Church

January 27 Sunday Mass

9:00 am at Holy Trinity Church

SKATING

Our Skating Program begins Monday, January 7th and will run until the March Break. It is *mandatory* that students in Junior Kindergarten to Grade 4 wear a helmet, and mittens/gloves must be worn by *all* students at *all* times. As well, no child or adult will be permitted on the ice surface at any time without skates. Given that some children currently do not have skates or helmets, we do have a few extras that

students are welcome to borrow on skating days.

Mondays

10:25 – 11:45 am Grades 3-4 and 5-6

1:00 – 2:00 pm JK-SK and Grade 1-2

2:20 – 3:15 pm Grade 7-8

SCHOOL COUNCIL

The Holy Family Catholic School Council will meet on Thursday, January 31st at 6:00 p.m. in the school library. You are welcome to attend.

Pizza Day Friday, January 18th

\$2.00 per slice

Orders are due by Tuesday, January 15th



From the Principal's Desk

On behalf of the staff, Happy New Year!!

With the excitement of the Christmas season in the rearview mirror, January provides students with an excellent opportunity to focus on their learning, and on their role as young people of the Faith. In this regard, we welcome January's Catholic Virtue of

FORTITUDE (COURAGE). Fortitude is shown when we act upon a Prudent decision. It often takes courage to do what Jesus would do as it is always harder to actually follow through on a good decision. May we all recognize the role we play in helping our children find the strength and courage to always do what is right.

Also, January 14th will be our Junior Kindergarten registration day. Next year's JK students are children born in 2009. If you know of any friends or family that are undecided about which school to send their child to next year, please invite them to contact me. I would love to show them what a wonderful school Holy Family is!!

If you are a Catholic who has been away from your faith for a time and are interested in returning to the church please consider attending Mass this weekend. Mass time at **Holy Trinity Parish is Sunday at 9:00 a.m.** Also, if you are not a Catholic, but would like information on becoming one, please contact Mrs. Bougie at the Parish at 544-8023. As always, please know that you are always welcome at the Lord's table!!

Matt Turner

Juniar



Holy Family School is holding Junior Kindergarten Registration for children, born in 2009, who will be starting school in September 2013. Please stop by the

Bubble Gum Day



Friday. January 25th

Gum Licence \$2.00 each

Packs of Gum \$1.00 each

FOOD BANK

Holy Family School accepts donations, <u>at any time</u>, for the local Food Bank. A bin is located at the school office where donations can be deposited. *We thank you for your support of those in need*.

Healthy School Lunch Idea

Pizza Muffins

These calcium-rich muffins freeze well, can be packed in a lunch box straight from the freezer and will thaw by recess.

Servings – 12 muffins

Prep Time – about 25 minutes

Ingredients

2 cups (500 ml) all-purpose flour

1/4 cup (50 ml) granulated sugar

1 tbsp (15 ml) baking powder

1 tsp (5 ml) each salt & dried basil

½ tsp (2 ml) baking soda

1 cup (250 ml) tiny cubes old orange cheddar

1 cup (250 ml) plain yogurt

2 eggs

¼ cup (50 ml) butter, melted

½ cup (125 ml) finely chopped red or green sweet pepper (optional)

1/4 cup (50 ml) pizza sauce

½ cup (125 ml) shredded mozzarella

Directions

Preheat oven to 400 F (200 C). Line 12 muffin cups with paper liners. In a large bowl, whisk together flour, sugar, baking powder, salt, basil and baking soda until combined. Stir in cheddar cubes.

In a medium bowl, whisk together yogurt, eggs and butter until smooth. Stir into flour mixture just until well combined and no dry spots remain; stir in sweet pepper (batter will be very thick). Spoon batter into muffin cups, dividing evenly. Spoon 1 tsp (5ml) pizza sauce on top of each muffin; sprinkle each with shredded mozzarella.

Bake about 20 minutes, until golden and a toothpick inserted in centre of one of middle muffins comes out clean. Let muffins cool in pan at least 5 minutes before removing, then let cool completely.

school to pick up your registration package, and tour the school.

UPCOMING ACTIVITIES AND EVENTS

Please note that some dates could be subject to change . . .

Feb 1 PA Day

Feb 13 Ash Wednesday Mass 9:30 am

Feb 14 Red-Pink-White Day

Feb 18 Family Day (no school)

Feb 20 Report Cards go home, Lenten Liturgy 9:00 am

Feb 25 Pennies For Patients Fundraiser starts

Feb 27 Lenten Liturgy 11:05 am

Feb 28-Mar 2 Englehart Winter Carnival

Mar 1 Open House 2:20 pm

Mar 6 Reconciliation 10:25am, Lenten Liturgy 12:45pm

Mar 8 Winter Carnival Playday (pm)

Mar 11-15 March Break (no school)

Mar 20 Lenten Mass 9:30 am

Mar 22 Hawaiian Day

Mar 25 Little Red Theatre Performance 1:00 pm

Mar 27 Lenten Liturgy 1:25 pm

Mar 28 Stations of the Cross 2:20 pm

Mar 29 Good Friday (no school)

Apr 1 Easter Monday (no school)

Apr 10 Easter Mass 9:30 am

Apr 15 PA Day (no school)

Apr 26 Hat Day

May 6 CEW Liturgy 9:00 am

May 8 CEW Mass 9:30 am

May 9 Dress Up Day, Spring Concert 10:00 am

May 10 Marian Liturgy 9:00 am, Open House 2:20 pm

May 15 Confirmation 7:00 pm at Holy Trinity

May 17 Pentecost Liturgy 2:20 pm

May 20 Victoria Day (no school)

May 23 School Council Meeting 6:00 pm

June 5-7 Grade 7-8 Class Trip

June 7 Wacky Hair Day

June 10 PA Day (no school)

June 19 Year End Mass 9:30 am

June 20 Volunteer Luncheon 12:45 pm

June 21 Playday (am), Family Barbeque 11:45 am

June 24 Awards Ceremony 10:30 am

June 25 Holy Family School Grade 8 Graduation 7:00 pm

June 27 Last Day of School, Report Cards go home

Inside-Outside Day January 25th

your God who goes with you, he will not fail you."

(Deuteronomy 31:6)