

ECCS Newsletter: January 2018



Masses & Celebrations

Masses at Our Mother of Perpetual Help Parish are Sundays at 9:00 am and 11:00 am. ALL are welcome to attend. Please note that Father Wayne remains away from his Ministry due to health concerns. Accordingly, we have cancelled our January school Mass. Please keep Father Wayne in your prayers.

Flu Season

With the flu season upon us, students and staff are reminded daily of the importance of proper hand washing and coughing/sneezing etiquette. In addition, parents/guardians are asked to please inform the school of any symptoms relating to your child(ren)'s illness when reporting an absence (i.e. fever, cough, sore throat, headache, fatigue, aches, pains and/or chills). This information will help in tracking trends in absenteeism rates and will further assist us in reporting accurate information to the local health unit if required. We appreciate your continued support.

Junior Kindergarten Registration is on Tuesday January 30th

ECCS is holding Junior Kindergarten Registration for children, born in 2014, who will be starting school in September 2018. Please stop by the school to pick up your registration package, and tour the school.



From the Principal's Desk

With the excitement and joy of the Christmas season behind us, January provides students with an excellent opportunity to focus on their learning. Though formal parent-teacher conferences occurred in the fall, I do encourage you to remain in contact with your child's teachers as needed.

Throughout January and February, we will focus on the Virtue of Forgiveness. The message to children this month will be if we want to receive forgiveness from God and others, we must also freely give forgiveness. Often times we expect and hope to be forgiven when we have wronged, but harden our hearts to the transgressions of others. By doing this, we often create more harm and suffering for ourselves and our relationships than we realize.

Chocolate Sales

Similar to last year, students at ECCS will be selling chocolate bars as a school fundraiser beginning Thursday January 11th. This is our major fundraiser where generated funds are used to support numerous student activities at the school, including our major school yard improvement basketball court project. Each family will receive 1 case (30 bars) to sell. The chocolate bars are sold at a price of \$3 each (\$90 per box) and are 100% nut free. Any sales you can generate are very much appreciated. If you are able to sell more than one box, please let us know. Please return money and any unsold chocolate by Thursday February 1st. Please contact the school by Wednesday January 10th if you prefer not to participate in this. Thank you very much for your support of this fundraiser!!

If you are a Catholic who has been away from your faith for a time and are interested in returning to the church, please consider attending Mass this weekend. Mass time at Our Mother of Perpetual Help Parish is Sunday at 9:00 am and 11:00 am. Also, if you are not a Catholic, but would like information on becoming one, please contact the school or Parish at 647-5035. Please know that you are always welcome at the Lord's Table!!

Matt Turner



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Catholic School Council

The third meeting of the ECCS Catholic School Council will be held Monday, January 22nd at 6:00 pm. Our meeting Agendas and Minutes are now on the on the school website, as well as on the Catholic School Council bulletin board which is now up in the front lobby of the school. Parents/Guardians are always welcome to attend our meetings.

Student Information

If at any time throughout the school year there is a change to student information (i.e. address or phone, medical information, custodial status, etc.), please inform the school immediately. It is extremely important that we are kept apprised of this type of information. If you have not already done so, please return the Student Information Update Forms that were forwarded to you. Even if there are no changes to the information, it is important that the forms are returned to the school.

Dress-Down Days

Fridays are "dress-down days" for the staff of ECCS. In order to dress down, staff members are asked to contribute to our Community Cancer Support Campaign

Snack Program

We continue to offer a universal snack program at the school. There is no formal Breakfast program at the school. If a student forgets to eat breakfast, they are welcome to access the classroom snack bins upon arrival to class. Thank you to our volunteers who run this program!!

Grade 8 Graduation

Graduation exercises will be held on Tuesday June 26th at 7:00 pm at Our Mother of Perpetual Help Church. This year we are encouraging parents and community members to consider sponsoring a graduation award. Please let us know if this may be of interest to you.

Winter Recesses

Please ensure all Primary aged students (JK-grade 3) come to school with snowpants/coat, mitts/gloves, a toque and appropriate footwear for winter weather. We also recommend this for older students as well. We highly recommend all students have a full change of clothes and an extra pair of mitts/toque available at school as well. These can be kept in lockers or on hooks.

January 2018



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	28 4 th Sunday of Ordinary Time	21 3 rd Sunday of Ordinary Time	2 nd Sunday of Ordinary Time	14	Epichiany		Sunday
:	29 дау з	Prayer for Diocese Parent Council Meeting 6:00 pm		15 Day 3	8 Day 3	1	Monday
8:30 am – 4:30 pm	30 Day 4 kindergarten registration	23 Day 4		16 Day 4	9 Virtue Liturgy 9:30 am	2	Tuesday
	31	24 Day 5	SCIENCE SCIENCE NORTH	17 Day 5	10 Day 5	3	Wednesday
	l Chocolate Sales End	25 Day 1	SCIENCE SCIENCE NORTH NORD	18 Day 1	Chocolate Sales Begin!!	4	Thursday
No School	2 Please note: PA Day	26 Day 2	Wear your favorite sports jersey.	19 Day 2	12 Day 2	5	Friday
		27		20	13	6	Saturday

OUR MOTHER OF PERPETUAL HELP PARISH COMING EVENTS - January 2018

DAY OF EUCHARISTIC ADORATION: Our Mother of Perpetual Help Parish will be hosting a day of Adoration of the Blessed Sacrament on **Friday, January 26th from 12:00 P.M. until 4:00 P.M.** in the Church. All are welcome to come and spend some quiet time with the Lord in prayer. For further info, contact the office at 705-647-5035.

HOLY HOUR FOR VOCATIONS: Our Mother of Perpetual Help Parish will be hosting its monthly Holy Hour for vocations to the priesthood and religious life on **Wednesday, January 17th at 7:00 P.M.** in the Church. This is one small way that we can help encourage and foster vocations within the Church. All are welcome! For further information call the office at 705-647-5035.

EUCHRE & DESSERT PARTY: Our Mother of Perpetual Help will be hosting a euchre and dessert party on **Saturday, January 27**th at 7:30 **P.M.** There is no admission charge but participants are asked to bring a plate of your favourite dessert to share. Everyone is invited to join us for an evening of cards and fun! For more information please contact the office at 705-647-5035.

TIME FOR YOU AND ME: Is a group open to everyone wanting to make a difference helping others in our Church, our community and our world! Join us for tea, coffee and dessert from 1:30 P.M. to 3:00 P.M. on Wednesday, January 17th. Be sure to bring a friend and your ideas!

OUR MOTHER OF PERPETUAL HELP CELEBRATION OF THE SACRAMENT OF THE SICK: To reach out to our sick and elderly parishioners we have introduced a celebration of the Sacrament of the Sick for those in need of God's healing grace. According to the teaching of the Church, the Sacrament of Anointing of the Sick should be celebrated with people who are: 1) seriously ill, 2) are seriously weakened by advanced age, 3) are scheduled for serious surgery, or 4) are elderly but not weakened by age, but have no serious illness present. Our next communal celebration will be on Tuesday, January 9th at 7:00 P.M.

OMPH IS ON FACEBOOK: Check our new facebook page at facebook.com/OMPH.NL and stay up to date on the latest happenings in the http://www.facebook.com/OMPH.NLParish.

WEEKLY OMPH E-BULLETIN: If you would like to receive the weekly e-bulletin from Our Mother of Perpetual Help Parish, please email omphoffice@gmail.com. Stay in touch with all the latest news and events on a weekly basis.

PARISH WEBSITE: Our Mother of Perpetual Help Parish has updated its parish website. It contains information about the Parish, the weekly bulletin and a host of other useful information and links. Check out the website at www.ourmotherofperpetualhelp.ca.

Before & After School Program



1/8/2018

Ashlyn Little RECE

Activities

We hope that you had a safe and happy holiday, and were able to spend quality time with your friends and family.

December brought the excitement of Christmas in the air! Often in the mornings you would have found some of the before school children playing ball hockey in the hall, while others made gifts for their parents.

Both the before and after school children are really interested in science experiments. We make all kinds of things such as "oobleck" or slime, and sometimes it is just the pure joy of mixing different ingredients to find out how they react together to make



some kind of sensory creation.

Meanwhile when we were able to get to the gym the children often played together in a

game of basketball, floor hockey, or a fun game of popcorn tag. Of course there are always some children who would prefer to play on their own. In one situation one of the children got the large soccer ball stuck up behind the basketball net and every one of the children stopped what they were doing and worked together to get it down without the help of an adult. A parent and Ashlyn watched as they worked together using many



different solutions with finally having success using different balls available and taking turns. It was so great to see them all work together.

Jan 8 – First day back from holidays.

Jan 20 – Happy Birthday Alicia!!!

We hope everyone had a restful holiday!

Spaces are still available if you would like to register your child for the Before or After School Program, please contact Ashlyn Little, RECE, at 705-676-7609, or stop by the Home Economics room between 7:30-8:35 AM or 3:00-6:00 PM.



We got in the holiday spirit by making ourselves into elves!