



ECCS Newsletter: November 2018

Masses & Celebrations

Masses at Our Mother of Perpetual Help Parish are Sundays at 9:00 am and 11:00 am. ALL are welcome to attend

*November 11th is
Remembrance Day*



Flu Season

With the flu season upon us, students and staff are reminded daily of the importance of proper hand washing and coughing/sneezing etiquette. In addition, parents/guardians are asked to please inform the school of any symptoms relating to your child(ren)'s illness when reporting an absence (i.e. fever, cough, sore throat, headache, fatigue, aches, pains and/or chills). This information will help in tracking trends in absenteeism rates and will further assist us in reporting accurate information to the local health unit if required. Children should remain at home when they are ill. We appreciate your continued support.

Remembrance Ceremony

We will hold our annual Remembrance Ceremony on Friday November 9 at 9:30 am. This date and time are subject to change. Thank you to our student council for organizing this event for us!

From the Principal's Desk

As we transition into November, we move from our Catholic Virtue of "Gratitude" into our Virtue of "Justice"

We hear the word "Justice" in our society a lot. In our context at a Catholic elementary school, we will try to make a connection for kids between the similarities and differences between Justice and Charity. Charity is a very easy concept for children to understand and it is similar to Justice, but is different and less complicated in many ways. The main theme for teaching our students Justice will be to show them that **Charity** is important for helping people right away and who need urgent help, but **Justice** allows us to work towards solving the problem that has created the need Charity in the first place. Another way of looking at it is that Justice attempts to solve the cause of a problem, and not just the symptoms.

We have many interesting events happening at the school throughout November, so please refer to the calendar for more details.

As always, please contact your child's teacher(s) if you have any questions or concerns about their progress.

If you are a Catholic who has been away from your faith for a time and are interested in returning to the church, please consider attending Mass this weekend. Mass time at Our Mother of Perpetual Help Parish is Sunday at 9:00 am and 11:00 am. Also, if you are not a Catholic, but would like information on becoming one, please contact the school or Parish at 647-5035. Please know that you are always welcome at the Lord's Table!!

Matt Turner



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Catholic School Council

The second meeting of the ECCS Catholic School Council will be held **Monday, November 19th at 6:00 pm**. Our main school yard improvement goal is the construction of a basketball court with 4 nets. We currently have about \$8500 raised towards this goal. We will post our meeting agenda and minutes on the school website, as well as on the Catholic School Council bulletin board in the front lobby of the school. Parents/Guardians are always welcome to attend our meetings.

Treaties Recognition Week

Treaties Recognition Week is the first week of November every year. Treaties Recognition Week was introduced in 2016 to honour the importance of treaties and to help Ontarians learn more about treaty rights and treaty relationships. The goal of the week is to promote greater awareness of treaties and those treaty relationships. This is one of many steps in Ontario's journey of healing and reconciliation with Indigenous peoples.

Dress-Down Days

Fridays are dress-down days for the staff of ECCS. In order to dress down, staff members are asked to contribute to our Christmas Wish Campaign.

Snack Program

We continue to offer a universal snack program at the school. There is no formal Breakfast program at the school. If a student forgets to eat breakfast, they are welcome to access the classroom snack bins upon arrival to class.

Spaghetti Supper!!!

This is one of our main Grade 7/8 Fundraisers!! The Spaghetti Supper and Silent Auction will be on Wednesday, November 28 from 4:30-7:00. Everyone is welcome to come out and eat, enjoy and shop! Take-out will also be available. More detailed information will be sent home closer to this event.

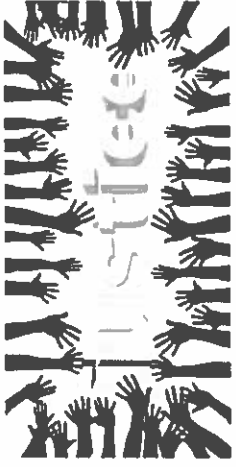
Progress Reports

Progress Reports will be sent home on Wednesday, November 14th. Student-Led Conferences are currently scheduled for **Thursday November 22nd from 4:00-7:00 p.m.** Further correspondence will come home to confirm the procedures for this year's conferences. In the meantime, please contact your child's teacher(s) if you have any questions or concerns.





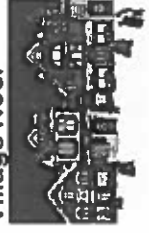



Bullying Awareness Week

This week we recognize November 19-23 as Bullying Awareness Week. Bullying is defined as a form of **premeditated, repeated, persistent and aggressive** behaviour directed at an individual or individuals that is intended to cause (or should be known to cause) fear and distress and/or harm to another person's body, feelings, self-esteem or reputation. Bullying occurs in a context where there is a real or perceived power imbalance. Bullying can take various forms. These include:

- **Physical** – hitting, shoving, stealing or damaging property
- **Verbal** – name calling, mocking, or making sexist, racist or homophobic comments
- **Social** – excluding others from a group or spreading gossip or rumours about them
- **Electronic** (commonly known as **cyberbullying**) – spreading rumours and hurtful comments through the use of cellphones, e-mail, text messaging and social networking sites



November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31st Sun. in Ordinary Time 				1 Day 5	2 Day 1 Virtue Assembly @9:30 am	3
4th Sun. in Ordinary Time	5 Day 2 Treaties Recognition Week Nov 5-9	6 Day 3	7 Day 4	8 Day 5	9 Day 1 Remembrance Ceremony @9:30	10
11th Sun. in Ordinary Time 	12 Day 2	13 Day 3 Christmas Wish	14 Day 4 Progress Reports Home  Scholastic Book Orders Due Christmas Wish	15 Day 5 Christmas Wish	16 Day 1 Gum Day 	17
18th Sun. in Ordinary Time	19 Day 2 Catholic School Council Meeting 6:00pm.	20 Day 3 Bullying Awareness Week Nov 19-23	21 Day 4 Christmas Wish	22 Day 5	23 Day 1 Village Noel 	24
25th Sun. in Ordinary Time Christ the King 	26 Day 2 PA Day No School!	27 Day 3	28 Day 4 Spaghetti Supper 4:30-7pm 	29 Day 5	30 Day 1 Moustache Day 	

OUR MOTHER OF PERPETUAL HELP PARISH COMING EVENTS - November 2018

ALL SOULS DAY CELEBRATION: On Friday, November 2nd at 7:00 P.M. Our Mother of Perpetual Help and St. Patrick's Parishes will be celebrating a special Memorial Mass at OMPH (81 Maple St. North). During Mass there will be an opportunity to remember our family and friends who have died. All are welcome to attend. A social time will follow.

CELEBRATION OF THE SACRAMENT OF THE SICK: To reach out to our sick and elderly parishioners Our Mother of Perpetual Help holds a monthly celebration of the Sacrament of the Sick for those in need of God's healing grace. According to the teaching of the Church, the Sacrament of Anointing of the Sick should be celebrated with people who are: 1) seriously ill, 2) are seriously weakened by advanced age, 3) are scheduled for serious surgery, or 4) are elderly but not weakened by age, but have no serious illness present. Our next communal celebration will be on **Tuesday, November 13th at 7:00 P.M.**

TIME FOR YOU AND ME: A new group to Our Mother of Perpetual Help Parish is beginning this Fall. It is open to everyone wanting to make a difference helping others in our Church, our community and our world! Join us for tea, coffee and dessert from **1:30 P.M. to 3:00 P.M. on Wednesday, November 21st.** Be sure to bring a friend and your ideas!

HOLY HOUR FOR VOCATIONS: Our Mother of Perpetual Help Parish will be hosting its monthly Holy Hour for vocations to the priesthood and religious life on **Wednesday, November 21st at 7:00 P.M.** in the Church. This is one small way that we can help encourage and foster vocations within the Church. All are welcome! For further information call the office at 705-647-5035.

EUCHRE & DESSERT PARTY: Our Mother of Perpetual Help will be hosting a euchre and dessert party on **Saturday, November 24th at 7:30 P.M.** There is no admission charge but participants are asked to bring a plate of your favourite dessert to share. Everyone is invited to join us for an evening of cards and fun! For more information please contact the office at 705-647-5035.

DAY OF EUCHARISTIC ADORATION: Our Mother of Perpetual Help Parish will be hosting a day of Adoration of the Blessed Sacrament on **Friday, November 23rd from 12:00 P.M. until 4:00 P.M.** in the Church. All are welcome to come and spend some quiet time with the Lord in prayer. For further info, contact the office at 705-647-5035.

OMPH IS ON FACEBOOK: Check our new facebook page at [facebook.com/OMPH.NL](https://www.facebook.com/OMPH.NL) and stay up to date on the latest happenings in the <http://www.facebook.com/OMPH.NLParish>.

WEEKLY OMPH E-BULLETIN: If you would like to receive the weekly e-bulletin from Our Mother of Perpetual Help Parish, please email omphoffice@gmail.com. Stay in touch with all the latest news and events on a weekly basis.

PARISH WEBSITE: Our Mother of Perpetual Help Parish has updated its parish website. It contains information about the Parish, the weekly bulletin and a host of other useful information and links. Check out the website at www.ourmotherofperpetualhelp.ca.