

# St. Pat's Pulse

Volume 4, Issue 6

November 4, 2009

## *Upcoming St. Patrick School Events:*

### Nov. 4

Olympic Kick-off @ 10:35

### Nov. 5

Confirmation retreat for Grade 7 students

### Nov. 6

School Photo Day—pose & background form needed

### Nov. 7

Confirmation @ 5pm

### Nov. 10

School Mass @ 9:00

### Nov. 11

Remembrance Day

Grade 7/8 students to cenotaph

Poppies on sale Gr. 4-8

### Nov. 12

World Diabetes Day

Anti-cyber bullying posters due today

### Nov. 13

P. D. Day—no school

### Nov. 16-20

Anti-bullying week

### Nov. 16

Avgen orders due

### Nov. 20

"Blue" Friday for peace—wear blue for anti-bullying



## From the Principal's Desk

During the month of November, our focus will be prayer, peace and remembrance. We remember the saints who have played a special role in our faith. We remember the war veterans who put their lives in danger for our safety. We remember the Canadian soldiers currently in Afghanistan. We remember our relatives and friends who have died and are enjoying eternal life in heaven. We will pray for all of them during November.

### **Tuesday, November 11**

Our school community will commemorate Remembrance Day. Through songs, prayers, scripture

readings and poetry we will remember those soldiers who gave up their lives for our freedom. Our Grade 7/8 students will be going to the cenotaph at 10:30 for the Kapuskasing Remembrance Day ceremony. Poppies will also be available for students in grades 4-8. If you would like your child to wear a poppy, please send money for a donation to the Royal Canadian Legion. We will be having our school Mass on November 10th.

### **IN FLANDERS FIELDS**

In Flanders fields the poppies blow between the crosses, row on row. That mark our place; and in the sky the larks, still bravely singing, fly. Scarce heard amid the guns below. We are the Dead, short days ago. We lived, felt dawn, saw sunset glow, Loved and were loved, and now we lie in Flanders fields. Take up our quarrel with the

foe: To you from falling hands we throw The torch; be yours to hold it high. If ye break faith with us who die We shall not sleep, though poppies grow In Flanders fields.

John McCrae

*This poem speaks of Flanders Fields, but the subject is universal – the fear of the dead that they will be forgotten, that their death will have been in vain. Remembrance, as symbolized by the poppy, is our eternal answer which belies that fear. Wear a poppy in November.*

### **WRITER OF THE WEEK**

Congratulations to **Cheyenne Chmelik** who is the writer of the week for Nov. 2-6. She did a great job retelling "The Fable of the Three Frogs".

Keep up the good work!



## School Pictures

Our school picture day has been confirmed for Friday November 6th, 2009. A flyer from lifetouch is in your communication folder today. These forms need to be returned to school tomorrow. Similar to last year, you will be able to select the background colour and pose for the pictures. All individual staff and student photos will

then appear on one composite photo for each grade.

Once the photos are processed, Lifetouch will provide you with two proofs. You will be asked to choose your favourite portrait along with your choice of package and pay at that time.

**DO NOT SEND ANY MONEY ON PICTURE DAY**—only your colour and pose selection.

Students are asked to wear solid colour clothing for best results. All photograph packages will be ready as soon as possible.



# Parent Resource Library



The St. Patrick Catholic School Council has purchased numerous books and DVD's to create a parent resource library. Here is a list of titles that can be borrowed from the school:

The bully, the bullied and the bystander by Barbara Coloroso

Kids are worth it! By Barbara Coloroso

Safe Kids, Safe Families by Samantha Wilson

Children's Play-rediscovering the joy of play in our families and communities by Silken Lauman

The Minds of Boys-Saving our

Sons from falling behind in school and life by Michael Gurian

Hold On To Your Kids-Why Parents Need to Matter More Than Peers by Gordon Neufeld

Raising Your Kids without Raising Your Voice by S.C. Radcliffe

The Bully and Me by Helen Porter

Chicken Soup for the Single Parent's Soul

How to Talk so Teens will listen & Listen so Teens will Talk by Adele Faber & Elaine Mazlish

"Let's Read-Ways to support

your child's reading" Workshop and DVD

How do I get these books/DVD's you ask?

All you need to do is drop by the office to sign them out. You could also write a quick note in your child's agenda and we can send it home to you.

We are very excited to be able to offer parents a place to access these valuable resources. Drop by the office to take a peek. Thanks to the School Council for purchasing these resources.



*Students need to be able to talk about what they read. These tips will help get the conversation going*



## Reading Strategy of the Month

As students progress through school, they are asked to read increasingly complex informational and graphical texts. The ability to understand and use the information is key to your child's success in learning.

Each month I will be sending home different reading strategies that will help your child. We often ask students to do the 3

"R's" after they have read something: Retell, relate, reflect.

Here are some prompts to ask your child to help them with **RETELL:**

This was about....

I noticed that....

The most significant/important part was....

A thought I especially liked was...

Key words for me were...

A retell can also include: summarizing, pointing out details, listing ideas, describing important parts, clarifying confusing parts, explaining, naming and reciting. Stay tuned for the next month's St. Pat's pulse for more helpful hints.

## Help support our school with Avgen Cards



Our Catholic School Council has started a unique fundraising opportunity that will allow our school to raise money needed for academic, athletic and social programming. Avgen gift cards are a great way to allow our school to profit from money you are already spending. For example, if you are spending \$100.00 per week on groceries,

you could buy a gift card for Independent from us for the same amount and the school gets 3% profit on money you are already spending. Please consider buying gift cards for local businesses (Independent, M&M's, Canadian Tire, Shoppers Drug Mart, etc.) from us, so that we not only support our community, but our school as

well. There are also many other gift cards for businesses out of town if you are traveling in the next few months or you could give them as presents for the holidays.

Cheques should be made out to "St. Patrick's School". Order forms will go home next week. Orders are due on Nov. 15th.