

# Sacred Heart Catholic School Newsletter

Important Information and Upcoming Events

April 2011

## Virtue for the Month of April

### Justice

April, with its celebration of Easter, has been assigned the virtue of JUSTICE. At this time we celebrate the Resurrection of Jesus who is the Just One who died for the sake of the unjust, that He might lead people back to God. But justice is also an important part of Catholic teaching beyond Christ's Death and Resurrection. The need to do justice comes from the obligation to respect the dignity of every human person. This dignity comes from being created in God's image. Failing to respect human dignity, including failing to do justice, is a failure to respect the image of God in others. As in this month's quote, "*Let justice flow like a stream, and righteousness like a river that never goes dry.*" Amos 5:24.

**Palm Sunday: April 17<sup>th</sup>**

**Holy Thursday: April 21<sup>st</sup>**

Join us for the Stations of the Cross at 2:20p.m.  
in the Gymnasium

**Good Friday: April 22<sup>nd</sup>**

A day of fast and abstinence from meat.

**Easter Sunday: April 24<sup>th</sup>**

**Easter Monday: April 25<sup>th</sup>**

### Easter Blessing

May the glory and the promise of this joyous  
time of year  
Bring peace and happiness to you and those  
you hold most dear,  
And may Christ, Our Risen Saviour, always be  
there by your side  
To bless you most abundantly and be your  
loving guide.



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LET JUSTICE FLOW  
LIKE A STREAM,  
AND RIGHTEOUSNESS  
LIKE A RIVER THAT  
NEVER GOES DRY.

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~ AMOS 5:24 ~

- THE FIRST STEP TO ACHIEVING JUSTICE IS TO DO WHAT IS RIGHT AND STAND UP FOR WHAT WE KNOW GOD WANTS.
- LET YOUR ACTIONS BE GUIDED BY THE IDEA THAT EVEN IN THE FACE OF INJUSTICE (DEATH ON THE CROSS) JESUS ALWAYS ACTED WITH DIGNITY.
- EVERYONE WANTS TO BE TREATED FAIRLY; WE NEED TO REMEMBER TO TREAT OTHERS FAIRLY.
- REMEMBER THAT JESUS WAS ALWAYS AN INSTRUMENT OF JUSTICE IN HIS WORK WITH PEOPLE.



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## Milk Month

April is Milk Month at Sacred Heart Catholic School, and the students should be "milking it" for all it's worth!

"Dairy farmers know how important student nutrition is to parents and teachers," says John Leveris, Business Development Manager at Dairy Farmers of Canada. "When students have the nutrition of milk at lunch or snack time, they're energized. They perform better when it comes to both learning and play."

"As an important source of 16 essential nutrients, milk helps to give kids the nutrition and energy they need to concentrate and perform their best," says Heather Gardner, Ophea's Curriculum Consultant.

On Tuesday, April 5<sup>th</sup> each student will be given a free milk at lunch time to promote the drinking of milk. The cost of the milk is covered through our Breakfast Program.

Watch the hallways and listen to the announcements for more milk promotion throughout the month of April!

If you drink milk at lunch time, you will be eligible to win prizes. Ballots will be distributed in the gymnasium.



### Students versus Staff Basketball Game:

Friday, April 8<sup>th</sup> 2:00 p.m. in the gymnasium

### Free Family Skating Evening at the Joe:

Tuesday, April 19<sup>th</sup> 7:00- 8:00p.m.

**Pitch-In Week** : April 18<sup>th</sup> - 24<sup>th</sup>

**Earth Day** : Friday, April 22<sup>nd</sup>

### Telephone Directory Recovery Program until April 29th!

Send all used telephone books to the school and keep them out of the dump sites!

## Grade 8 Fund Raising

**Swimming/Skating Fun Day:** Friday morning, April 8<sup>th</sup> at the Joe Mavrinc Complex. \$5 registration fee.

**Bubble Gum Day:** Friday, April 15<sup>th</sup>. Licenses \$1, Gum \$1.25 a pack, 25 cents or 10 cents each.

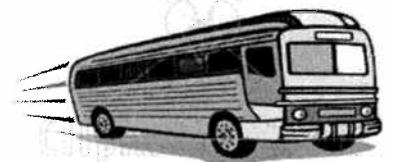
**Bake Sale** : Wednesday, April 27<sup>th</sup> beginning at 12:40 p.m. Donations of nut free baking gratefully accepted.

**Legion Shop & Stop:** Friday, April 15<sup>th</sup> 5:00-7:00pm. \$10 per person Roast Beef Dinner with all the trimmings. See Grade 8 students for tickets!

**Healthy Snack Cart** : Variety of snacks sold at lunch time in the gymnasium. Cost \$0.50 to \$2.

**Fudge** : Variety of fudge is still available at a reduced price of \$5 a half pound from any Grade 8 student.

Thank you for your continued support with the Grade 8 Toronto Trip Fund Raisers! The students and parents have raised more than \$16 100 to date towards their goal of \$25 000.



**Soccer registration** at the Complex will be:

Wednesday April 6<sup>th</sup> from 6-8pm

Wednesday April 13<sup>th</sup> from 6-8pm and

Wednesday April 20<sup>th</sup> 6-8pm

**Season begins May 30<sup>th</sup> 2011!**



*Monday, April 11<sup>th</sup> is a Professional Activity Day.*

*Therefore, no classes for the students!*