# Sacred Heart Catholic School Newsletter

## **Important Information and Upcoming Events**

May 2011

# Virtue for the Month of May Humility

Humble yourselves in the Light of the Lord. - James 4:10

Humility is standing before God with an awareness of gratitude for the gifts given. I show humility when I am myself. I don't worry about impressing other people. I am aware of my ability and I desire to be a better person. When I do something wonderful, humility reminds me to be thankful rather than boastful.

Humility is experiencing the richness of life through God. It is more interested in others than self. Humility is about being humble about the right things in the right way. It is "poverty of spirit". Humility has no arrogance or self-righteousness. It is living your life in total dependence on God.

Humility has as its foundation the sincere acknowledgment of truth.

A humble person:

- the can acknowledge the good in others and in oneself
- ⊕ has no room for vainglory
- is always committed to the truth
- is more inclined to look up to others, rather than put them down
- knows that all gifts of mind and heart come from our God

Those who are truly humble acknowledge their gifts and give God thanks.



#### **Catholic Education Week Activities**

**Monday:** Ugly/tacky T-shirt Day, Reading Buddies, Breakfast and Living Rosary with St. Jerome, Free Subs and milk for lunch, I:00 Music Monday

**Tuesday:** Rock Star/Wacky Hair Day, National Teachers' Day, Mme Guenette's Core French parents invited to attend classes to observe the Aim program

**Wednesday:** Twins Day, Book Fair, 9:15 Grades 7&8 Far From the Heart Presentation at KLDCS, Mme Guenette's Core French parents invited to attend classes

11:30-1:00 NCDSB Strategic Plan World Cafe/Open House

**Thursday:** Hawaiian Day, Book Fair, 9:30 Mass with St. Jerome at Holy Name of Jesus Church, Mme Guenette's Core French parents invited to attend classes

**Friday:** Backwards Day, Book Fair, P.M. Hoops for Heart 5:00-7:00p.m. Legion Shop N' Stop for Grade 8 Toronto Trip

## Catholic Education Week: Celebrating the Spirit

In our schools the Spirit of God is alive! When you next walk through the halls, stop and listen. You will hear the marvelous work of the students and staff reflecting God's graciousness in their learning and teaching. This year's Catholic Education Week (May 1-6) gives us an opportunity to shine a light on our schools with this theme: Catholic Education: Celebrating the Spirit. The scriptural text comes from St. Paul's letter to the Romans: "All who are led by the Spirit of God are children of God." (Romans 8:14) St. Luke also refers to the Spirit when he writes, "The Spirit of the Lord is upon me." (Lk 4:18) The Psalmist calls on God's Spirit to renew the face of the earth. During this Catholic Education Week, let's open our doors to God's Spirit in a special way and celebrate how the Spirit is renewing the face of our schools!

There are five sub-themes, one for each day of Catholic Education Week:

Monday - The Spirit of Hospitality
Tuesday - The Spirit of Understanding
Wednesday - The Spirit of Wisdom
Thursday - The Spirit of Justice
Friday - The Spirit of Gratitude

We have prepared a series of activities to highlight why our school should 'rejoice in hope'. We hope to see many of you during our festivities.

During Catholic Education Week we pray:

God of our journey to Easter, with gratitude we move towards your deep love.

Strengthen us for these days of suffering and wonder. We prepare to die with you, die to those unnecessary parts of ourselves at the crucifixion.

But we also rise. Rise into our true element.

Leaving the land of fear and alienation and into your grace-filled embrace.

Your Spirit carries into pure thankfulness.

For the minuscule and the magnificent; for seconds and the eons; for the note and the symphony; for the single smile and a community of beauty.

May our thankful hearts continue to be open to your love, to celebrate your Spirit of gratitude. Amen.



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#### **School Yard Improvement**

Our thanks to the parents, students and staff who helped make the Legion Shop N' Stop a success on Friday evening. A special thank you to Angie Ducharme for coming forward to chair this event. We raised a total of \$1047.82.

The Hanging Baskets will be available to pick up at the school on Friday, May 6<sup>th</sup> from 9:00a.m. to 4:00p.m. in the front foyer. If you didn't order any baskets but would still like to, we have some available. You may choose petunias for the sun or impatiens for the shade at a cost of \$17 per hanging basket. Please call the school to place your order.

School clothing will be available to order this month with delivery in June. Watch for the order form!

#### Track and Field

With the weather cooperating, the Annual Sacred Heart Track and Field Event will take place on Wednesday, May 25th at the Civic Service Stadium from 9:30 a.m. to 3:00 p.m. Students are reminded to dress appropriately and to wear a hat, sun glasses, sun screen and fly spray. Hot dogs, water, pop and chips will be available to purchase. Inclement weather will move the event to Friday, May 27<sup>th</sup>. Come out and cheer the students on!



Monday, May 23rd is the Victoria Day Holiday. Enjoy the long weekend!

### **Grade 8 Fund Raising**

**Legion Shop N' Stop:** Friday, May 6th 5:00-7:00pm. \$10 per person Roast Beef Dinner with all the trimmings. See Grade 8 students for tickets! **Bubble Gum Day:** Friday, May 13<sup>th</sup>. Licenses \$1, Gum \$1.25 a pack, 25 cents or 10 cents each.

**Bake Sale:** Wednesday, May 18<sup>th</sup> beginning at 12:40 p.m. Donations of nut free baking gratefully accepted.

**Healthy Snack Cart :** Variety of snacks sold at lunch time in the gymnasium. Cost \$0.50 to \$2.

Thank you for your continued support with the Grade 8 Toronto Trip Fund Raisers! The students and parents have raised more than \$20 500 to date towards their goal of \$25 000.



#### **Grade 8 Graduation**

Graduation and awards take place at the Holy Name of Jesus Church at 7:00 p.m. on Tuesday, June 21<sup>st</sup>. Family and friends are encouraged to attend. A dance for the graduates will be held at Sacred Heart Catholic School immediately after the grad until 11:00 p.m.



On **Thursday, May 26th**, we will be joining thousands of Canadians from coast to coast by taking part in CNIB's second annual Shades of Fun Day – a day like no other in celebration of Vision Health Month. **Two for change!** Students and staff may wear their shades on Shades of Fun Day and bring in a toonie to donate. It's a simple fund raiser, but it adds up to BIG change!