



# THE ALL-STAR GAZETTE

MARCH 2017

ST. PAUL SCHOOL — TIMMINS

## UPCOMING EVENTS

- ★ Science North Visit
- ★ Winter Carnival
- ★ March Break



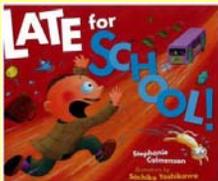
### Student Absences and Lates:

Just a reminder that a great deal of learning occurs first thing in the morning.

In most classrooms, this is the literacy or mathematics block.

Many students can develop gaps in learning and experience difficulties due to frequent absences.

In order to maximize opportunities for learning, it is crucial that students arrive **on time** and that absences are kept to a



strict minimum.

## A Message from the Office

As we begin this season of Lent, we are reminded that this special season provides all of us with a time to prepare for the death and resurrection of our Lord Jesus Christ. As in other years, we began the season with the distribution of ashes on Ash Wednesday on March 1<sup>st</sup>.

Lent is a time to become closer to Jesus. It is our hope that you will take time out of your busy family schedules to **pray, fast, prepare and give**. We can use the Lenten season to develop a greater appreciation of the life that God is calling each of us to lead.



This month's virtue is **Fortitude**.

Fortitude allows us to overcome our fear and remain resilient in the face of obstacles. Prudence and justice are the virtues through which we decide what needs to be done; **fortitude** gives us the strength to do it. As Catholics we look to Jesus as our model. He always did what was right, even when it cost Him his life.

**First Term Report Cards** were sent home recently. Please note that while there are no formal interviews scheduled, you may arrange a meeting with your child's teacher at any time to discuss your child's progress. If your child's teacher indicated that an interview was requested, we encourage you to call the school to set up an appointment as soon as possible.

Our Winter Break is coming up very soon (**March 13<sup>th</sup> to March 17<sup>th</sup>**) and we hope that everyone takes the time to enjoy some time with their families. Rest, relax and enjoy some time outdoors. Have a safe and wonderful March Break.



Mrs.

### Reminder:

When dropping off students in the morning, please pay close attention to your surroundings as you leave. The area around the entrance of the YMCA gets very congested and we must be sure that students remain safe.

If you are picking up your child, ensure that he/she remains in your line of sight until you get to your vehicle. Parents waiting in cars for kids is a safety risk as children may not be focussing on other vehicles while walking over.



Please do not arrive

**We have begun to fundraise for our Grade 6 end of year excursion to Camp Mini-o-we in Port Sydney in the Muskokas.**

**We will have more information for Grade 6 parents very soon. The students who experienced this camp enjoyed a number of organized activities last year.**

**Fundraisers help to keep the cost down for**



## Winter Carnival

Our winter carnival activities are spread throughout the week before March Break. The students will be involved in a number of outdoor activities so please be sure that your child is dressed appropriately for the weather. Please refer to the calendar of activities on the reverse side of this month's calendar.



**The Trinity**

Just like the leaves on each shamrock I see, there are three parts to the Holy Trinity. First is God the Father, then Jesus, His only Son, and the Holy Spirit together as One.




May your troubles be less and your blessings be more  
And nothing but happiness come through your door

## Is it Bullying? What is It?



<p><b>TEASING</b></p> <ul style="list-style-type: none"> <li>• Everyone is having fun</li> <li>• No one is getting hurt</li> <li>• Everyone is participating equally</li> </ul>	<p><b>CONFLICT</b></p> <ul style="list-style-type: none"> <li>• No one is having fun</li> <li>• There is a possible solution to the disagreement</li> <li>• Equal balance of power</li> </ul>
<p><b>MEAN MOMENT</b></p> <ul style="list-style-type: none"> <li>• Someone is being hurt on purpose</li> <li>• Reaction to a strong feeling or emotion</li> <li>• An isolated event (does not happen regularly)</li> </ul>	<p><b>BULLYING</b></p> <ul style="list-style-type: none"> <li>• Attacked physically, socially, and/or emotionally</li> <li>• Unequal balance of power</li> <li>• Happens more than once over a period of time</li> <li>• Someone is being hurt on purpose</li> </ul>

From time to time children become involved in issues that require adult support to resolve. Many times, children and families indicate that they are being bullied when in fact they are involved in a conflict. We work with students to recognize the difference and to develop ways to solve and manage conflicts.

Please review this



### HEALTHY EATING

We have healthy snacks (fruits, vegetables, yogurt tubes) served regularly every week as part of our breakfast program. In keeping with our push toward healthy eating, we are asking parents to re-evaluate what is being sent with children for snacks and lunches.

Please limit items that contain a large amount of **sugar or fat**. Healthy alternatives include such items as fresh fruits and vegetables, granola bars, or yogurt cups, cheese and crackers, etc.

Pop, chocolate bars and chips are strictly prohibited and will be returned home with them at the end of the day. It's never too early to begin to develop good eating habits and we

#### the sport I'm good at

The sport I am good at is gymnastics. The first reason why I am good at gymnastics is because I am flexible. It helps when I am flexible because I can do a perfect split jump and because when I do my front walk over and my back walk over my legs need to be in a split when I am handstand walking over and also it helps with so many other flips and tricks.

The second reason is because I never give up. It helps when I never give up because when I try hard flips like a Roundoff back handspring and a back tuck I never give up even if I don't whatever I try.

The last reason is that I am positive. It helps when I'm positive because I encourage myself and my friends to do a Roundoff back handspring back tuck and even harder flips. Thanks for reading!!!!

Mrs. Penna's Grade 3/4 class has been busy writing about things that they are good at. This empowering writing activity highlights each students' individual gifts and talents.

#### A sport I'm good at

The sport I'm good at is dance. The first reason why is because I express my feelings when I dance that helps when I do contemporary because contemporary is a very soft dance.

The second reason why I'm good at dance is because I'm creative. That helps when I make up a dance and that would help me with new ideas.

The third reason why is because I have a good imagination. That helps with pretending that it's actually happening because when I do that it makes me do better.

Those are some reasons why I'm good at dancing!

want the best for our students!