

# St. Pat's Pulse

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Wed. November 20,  
2019

St. Patrick School—"Educating hearts & minds"

6 Cedar Street. Kapuskasing, ON P5N 2A8 (705) 335-3241



## From the Principal's Desk

### Upcoming St. Patrick School Events:

#### Wed. Nov. 20

-Student-Led teacher conferences 3:30-6:30  
-Garage & Bake Sale fundraiser in the gym for Grade 7 & 8 educational trip

#### Thus. Nov. 21

Brittany Counter (NCDSB behavior analyst) here

#### Fri. Nov. 22

-McDonald's Lunch

#### Mon. Nov. 25

Staff meeting 3:30-4:30

#### Wed. Nov. 27

-Photo retake day (was originally scheduled for Nov. 13th)  
-Volleyball tournament (Cochrane)  
-Grilled cheese \$ due

#### Fri. Nov. 29

-Grilled Cheese Day

#### Mon. Dec. 2

Advent Celebration @ 9:00 in gym

#### Tues. Dec. 3

Ryan Plante here (Indigenous Support Worker)

#### Thurs. Dec. 5

12 Days of Christmas Starts today!

### BELL TIMES

8:45—School Starts  
9:55-10:10—Recess  
11:30-12:00—Lunch  
12:00-12:25—Lunch Recess  
1:50-2:05—Recess  
3:15—Dismissal

### SCHOOL ATTENDANCE

The Education Act states that students must attend school regularly and be punctual. It is really important for the safety of students that parents please call the school if your child is absent. If a child has not arrived at school and a phone call or note has not been received, Mrs. Davidson will attempt to alert parents by telephone at home or place of employment if necessary. At St. Pat's School, we have a focus on student achievement and we are looking to maximize our teaching and learning opportunities each day. Attendance plays a huge part of this focus as absences and



lates impact a student's ability to learn, practice and consolidate learning. Try to make it a goal to **be at school all day, every day!** We miss you when you are not here!

### BULLYING AWARENESS WEEK

November 17-23. Ontario student, school staff and parents are encouraged to learn more about

bullying and its effects on student learning and well-being. Bullying and harassment can have a serious and significant impact on learning, student safety and school climate. Our Grade 4-8 students completed a school climate survey this month which will help us with our School Improvement planning.

### What can you do to END bullying?

- Be nice to everyone
- Tell an adult if you see bullying
- Don't bully back—be calm and kind
- Stand up for yourself and others
- Befriend kids who have been picked on
- Treat others how you would like to be treated



### Is it Bullying? What is it?

#### TEASING:

- Everyone is having fun
- No one is getting hurt

- Everyone is participating

#### CONFLICT:

- No one is having fun
- There is a possible solution to the disagreement

- Equal balance of power

#### MEAN MOMENT:

- Someone is being hurt on purpose
- Reaction to a strong feeling or emotion
- An isolated event (does not happen regularly)

#### BULLYING:

- Attacked physically, socially and/or emotionally
- Unequal balance of power
- Happens more than once—over a period of time
- Someone is being mean on purpose

Let's work together to help everyone feel safe at school!



Yours in Education,  
Mrs. Gretchen Morgan

## Virtue of the Month: LOVE



Faith, Hope and Love are the three theological virtues, and are the foundation of moral activity. Love is superior to all of these virtues. It also draws us closer to God and closer to one another. In order to better understand love, we need to reflect on God's love for man. We see God's love for us as being both selfless and sacrificial. The greatest demonstration of these two attributes is evident in the passion of Christ. Before his death, Jesus informs us of his wishes: "My commandment is this: love one another, just as I love you" (John 15:13). Jesus loved His disciples and humanity to the end. Love motivates the Christian to do what is right in order to bring about the happiness of God and neighbor. Love is God's gift to us in Baptism. Our model of love is Jesus. **Looks like:** serving others, lending a helping hand, sacramental engagement, opening a door for someone, allowing others to go before us, taking care of what belongs to others, helping others in need, praying for our loved ones and for our enemies. **Sounds like:** prayer, encouraging someone, complimenting each other, listening to other people's ideas, treating people the way we would like to be treated. **Feels like:** Welcoming others, helping others with their feelings, understanding each other, including others, feels like Jesus bringing a cool drink of water on a hot day. **How will you be showing the virtue of LOVE during November & December?**

# Weekly Communication Folders



We will once again be using the weekly communication folder system so that critical information and newsletters make it home. Each Wednesday, your child's teacher will send home information from the office, permission forms, newsletters, community flyers, tests to sign, completed work, etc.

Simply complete your part of the tracker, sign items which need to be returned to school, remove all other items and send communication folders back to school on Thursday morning. As the year progresses, we hope to decrease the amount of paper sent home; we are planning to have information available on our Facebook page.

Be sure to check your child's bag each Wednesday. Be sure to "like" our Facebook page.

<https://www.facebook.com/st.patskap/>



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## Catholic School Council Elections

Our Catholic School Council is looking for you! We meet a minimum of four times throughout the year and support the school in promoting student achievement. A nomination ballot is attached to this newsletter for your convenience. We hope many parents will allow their names to stand for election, as it is an excellent forum to communicate your ideas and concerns. A term will run from September to September. No experience is necessary...just a willingness to make our school better. Elections will take place on September 25 (if needed). **The first meeting for our new council is on Monday October 28th at 6:00 p.m.**

*Volunteer to help make your child's school a better place. Become involved in our School Council.*

## School Open House

Our Catholic School Council and Staff would like to invite all families to our 14th Annual Open House on Wednesday September 25th.

This is a great opportunity to have your child show you their classroom and to dis-

cuss classroom expectations and goals for the year.

Please note that this is not a parent/teacher interview, simply a **Welcome back open house** to meet the teachers and celebrate the start of the school year. We are eager to see you on Wed. Septem-

ber 25th, 2019. from 4:00-6:00

Check out next week's communication folder for the invitation and more details.



# School safety reminders and volunteers

## **Parents & Visitors must sign in:**

Parents are welcomed to the school throughout the year, however, for the safety of our staff and students, parents and visitors must use only the front door for entry and need to sign in at the office.

As part of our commitment to ensuring student safety, the doors remain locked during the school day; visitors need to be buzzed in with our buzzer system and report to the front office. Visitors are not entitled to go to the classrooms as this is a disruption to student programming.

*If you need to go to the classroom, arrangements can be made in advance with your child's classroom teacher. Parent messages and deliveries (keys, lunches, etc.) are handled through the office. Student lunches can be left on the shelf outside the front office. Don't forget to label your child's lunch.*

## **At the end of the day (3:15)**

Students taking the bus will use the back door by the Church (until our bus turnaround is complete); students who walk or ride their bikes will use the doors by the gym. If you are

picking up your child at the end of the day, feel free to enter the school anytime after 3:00 to wait for your child in the lobby.

## **Volunteering @ St. Pat's**

If you are interested in volunteering at the school you are required to present the school administration with an original copy of a valid vulnerable sectors check (criminal record). An application can be picked-up at the office. If you provided us with a copy in the past, you are asked to sign an offence declaration form which can also be completed at the office. We appreciate your help and involvement!



*Your child's safety is our # 1 priority. Thank you for your cooperation. We look forward to seeing you at St. Patrick School.*

## **Virtue of the Month: Faith**

As we prepare for the upcoming school year, we are focussing this month on the virtue of Faith. The quote from John's gospel reminds us, "Happy are those who have not seen, yet still believe" John 20:29. We will encourage our students to continue to put their faith into action by bringing the Gospel spirit into every aspect of their lives. They are on your

What is faithfulness? Truth. Trustworthy. Believable. Loyal. Accurate. When we talk about faithfulness, we're talking about someone sticking by our side, being on our team, staying loyal to us. Someone who is faithful is someone you can count on. You know they won't tell you things that aren't true or try to hurt you.

side. On your team. In your corner. Faithfulness is the belief and trust and loyalty all rolled into one ball of comfort and strength. Being a Catholic is founded in Faith—Faith in the Lord. Remember that it is through our words and actions that our faith becomes evident. It is our Faith in God that brings comfort to our lives.



**Agenda**  
**Planners:**  
All students in JK-Grade 6 have been given an agenda planner. Please feel free to pay your child's teacher \$8.00. Payment prior to the end of September would be appreciated.